In today's episode we are taking you behind the scenes of 2023 for us both professionally and personally. It has been another wonderful year of growth and experiences.

We will share:

* Our business retreat in Costa Rica
* How effective time blocking has been for us
* How we have grown our ways to connect with our audience
* A few personal insights
* The impact growing team has had
* How our programmes have developed

We are looking forward so much to 2024. Have you reflected on your year before moving into 2024?

Purchase our bestselling book ”Deciding to Coach”: <https://amzn.to/3UvUe9r>

Resources

Take our FREE Quiz 'Which Coaching Course is Right for Me?' https://www.mycoachingcourse.com/

Join The Coaching Crowd Community on Facebook https://www.facebook.com/groups/TheCoachingCrowd/

In Good Company (UK) https://www.igcompany.co.uk/

Check out our YouTube Channel https://bit.ly/378rY9a

Check out our Instagram https://www.Instagram.com/the\_coaching\_crowd

Work with Jo Wheatley as your Emotions Coach https://www.jowheatley.com

Connect with Jo Wheatley on Instagram https://www.instagram.com/jo\_wheatley\_coaching/

Connect with Jo Wheatley on LinkedIn https://uk.linkedin.com/in/joannewheatley

Work with Zoe Hawkins as your Courageous Leadership Coach https://www.zoe-hawkins.com

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